**Senior Center Success Stories**

Thank you for your interest in sharing a personal success story of the impact your senior center had on an individual. Here’s everything you need to submit your story.

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| **Title (3-10 words):** Try to make the title relevant to the topic of your story.  |
| **Senior Center Benefit Involved:** Indicate any applicable benefit to this story. Improved socialization, physical and mental health, increased exercise, monitor weight and physical activity, increased community involvement, participation in an evidence based program, etc.  |
| **Content (200-350 words):** If possible, include the individual’s problem prior to joining the senior center and how your center was able to help you. |
| **Visual:** If you have a picture, graphic, or video that relates to your story, please include a link or attach a jpg file. All individuals who are represented in the photo must sign and submit an NCOA consent form: <https://www.ncoa.org/resources/ncoa-consent-form-to-use-story-quote-photograph-or-recording/>.  |
| **Author:**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Organization: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Office phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Bio (1-2 sentences): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Photo (optional): Please attach a .jpg file |