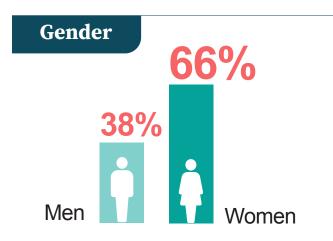
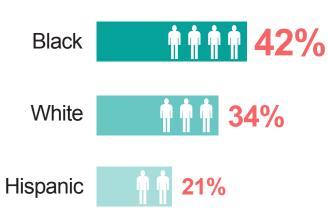


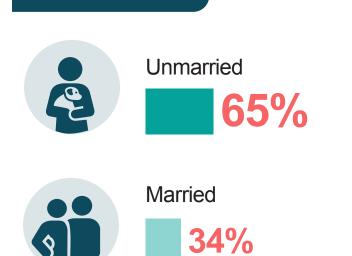
## Profile of Food Insecure Older Adults



### **Race/Ethnicity**



#### **Marital Status**



Income







#### **Health Status**



**54%** Fair / Poor



2.4 Chronic Conditions

SOURCE: Food Insecurity Among Older Adults and the Role of the Supplemental Nutrition Assistance Program, National Council on Aging, July 2021

# Older adults who utilized SNAP during the recession had 42% lower odds of skipping meals.

After the Great Recession, food insecurity and poverty more than doubled among older adults. Food Insecurity and Poverty Rate among those Age 60+ from 2006 to 2018



The Supplemental
Nutrition Assistance
Program (SNAP) plays
an important role in
reducing food
insecurity and skipped
meals among older
adults, yet 85% of older
SNAP users' benefits
were below the lowest
USDA food budget.

Percentage of SNAP Users Age 60+ with Monthly Benefit Amounts Below the USDA 'Thrifty Plan' Budget (2006 to 2018)

